

INTERACTIVE IMAGERY

Interactive Imagery Certification: 45 contact hours

Interactive Imagery is a process in which the facilitator acts as a guide for the client's journey of exploration. Unlike traditional imagery in which the facilitator creates images of the client to explore, Interactive Imagery allows the facilitator to invite the client to create their own images and then begin a dialogue process with that image. Causes as well as healing of issues of physical and emotional issues can be explored and healed. The Interactive Imagery course is very experiential allowing the participant to equally experience their own personal development as well as learn techniques for helping others. Each day of training will have a specific focus.

Examples:

- Exploring healing with an inner guide
- Physical healing
- Dealing with resistance
- Search for purpose
- Inner child work
- Death and dying

NEURO LINGUISTIC PROGRAMMING

Neuro Linguistic Programming Practitioner Certification: 45 contact hours

What would it be worth and how would your life be transformed, if you could quickly and easily make personal changes. Neuro Linguistic Programming is the set of tools that you can use to have the life you want. You will learn skills to assist others to easily achieve their goals. NLP

- Remove the blocks that prevent you from doing, having or changing what you want.
- Change limiting decisions, limiting beliefs and conflicting values
- Clear past negative emotions such as anger, sadness, guilt and fear while retaining the learning
- Release abundant, untapped resources you have inside
- Be guided to the people and solutions you need to create a bright and compelling future

Tuition: \$10 per contact hour

*Life experience credit, exemption or proficiency exam available. Contact IHL for information.

**No tuition charge for these hours